



Second Nature Healing

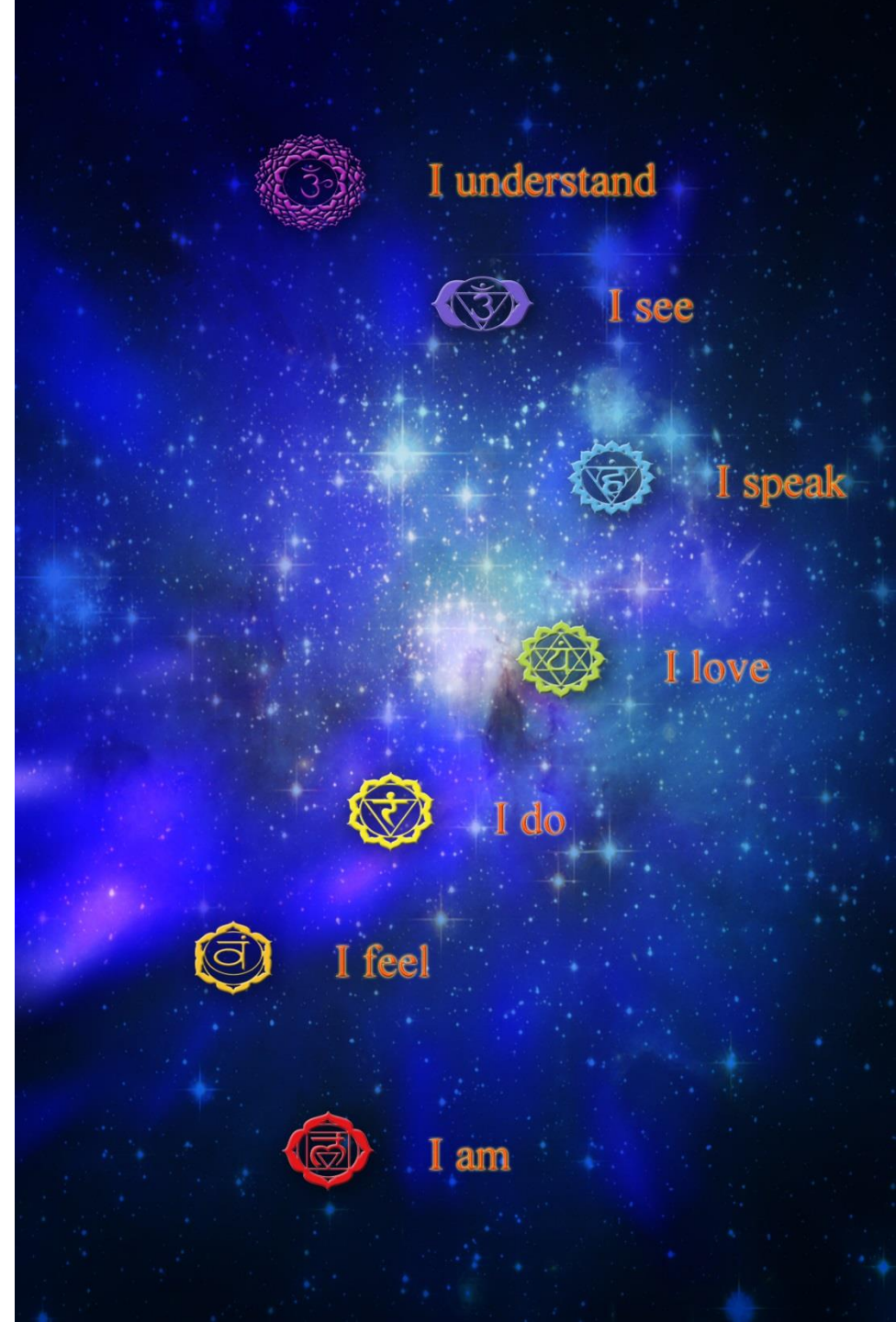
Vibrational Frequencies And Healing




What Can Sound
Do For You?

Self-Assessment Exercise

1. Strengths
2. Promoting
3. Challenges
4. Avoiding






Relieve Stress,
Clear, Ground, and Balance
Your Energy.

Call in Your Angels.
Open New Magical Portals.

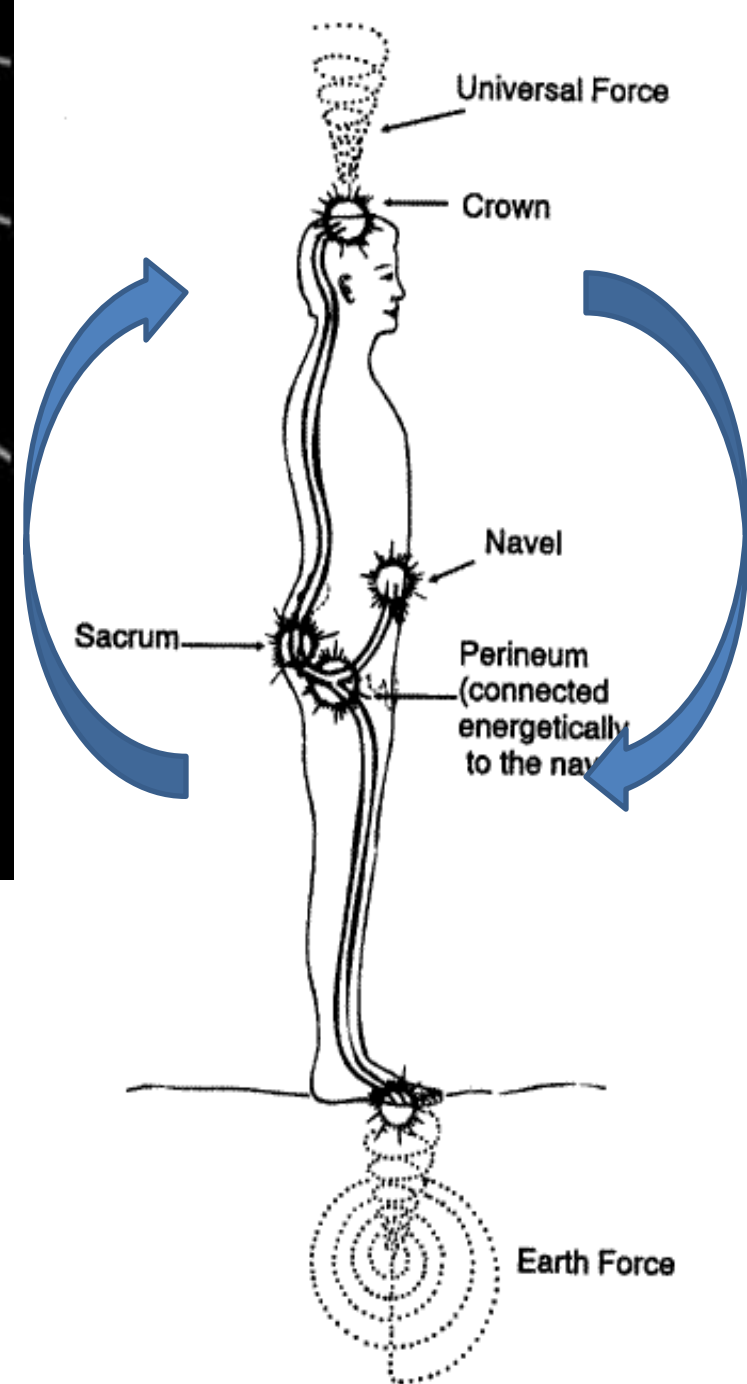
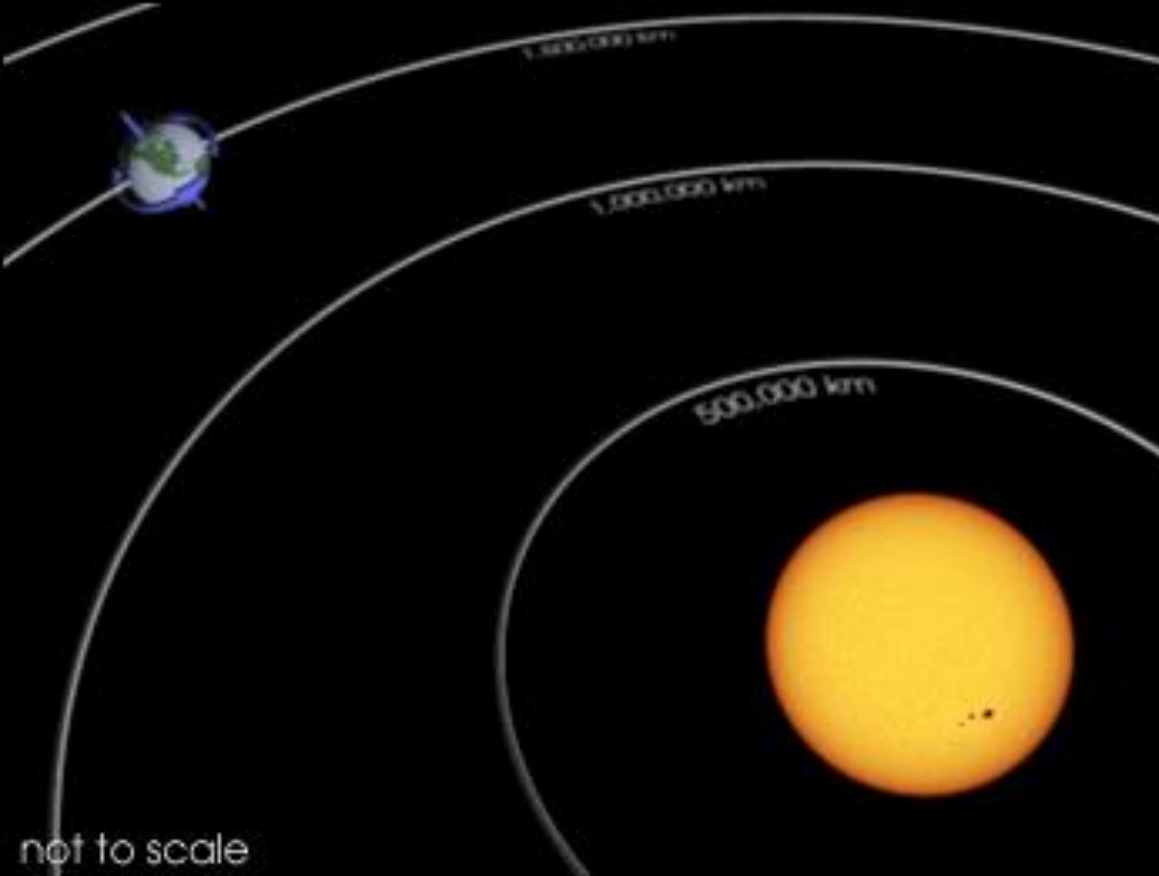
Access the Divine.
Invite Miracles to Heal.
Protect and Empower.
Heal and Activate Your
Intuitive Abilities.

A composite image of Earth, the Moon, and the Sun in space. The Earth is a large, curved blue sphere on the left, showing clouds and landmasses. The Moon is a smaller, grey sphere in the upper right. The Sun is a bright, glowing yellow star with lens flare in the lower left. The background is a dark, starry space.

Earth, Moon, and Sun –
nourish the body, mind,
emotions, and spirit

As we nourish the
individual, we also
nourish the Universe.

Humans = intermediary
between heaven and
Earth.



The Microcosmic Orbit of the body – like the planetary elliptical orbit with the Sun as its center, made up of the Governing (Du – Yang, travels up the midline of the back) and Conception (Ren – Yin energy, travels midline down the front of the body) Vessels



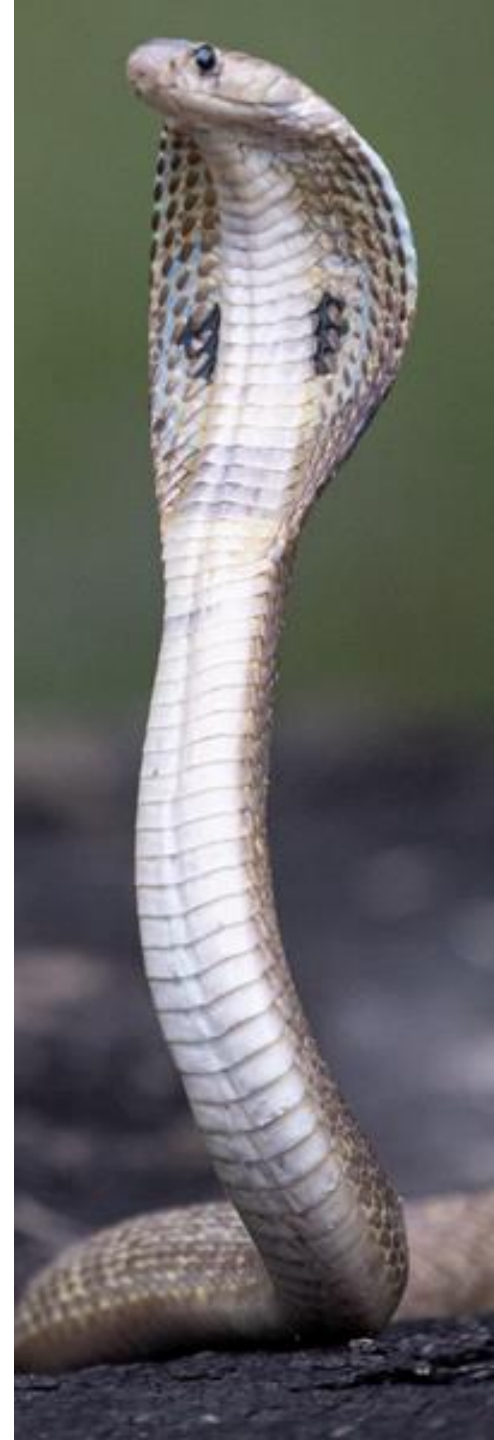
Heavenly energy pours into the Microcosmic Orbit, replicating the heavenly orbit = kundalini = the sleeping serpent

The sleeping serpent is the manifest energy lying dormant within us . . . perhaps the snake represents Earth, asleep and unaware of the cosmic flow.

Upon awakening, Earth moves in a spiral, the energetic symbol of life itself, the spiral movement of life seen in the macrocosmic Milky Way and the microcosmic DNA.



The spine has always played a significant role in the religious symbolism of the ancients, often being referred to as a wand, scepter, or serpent, and sometimes as a ladder, winding road, or stairway.

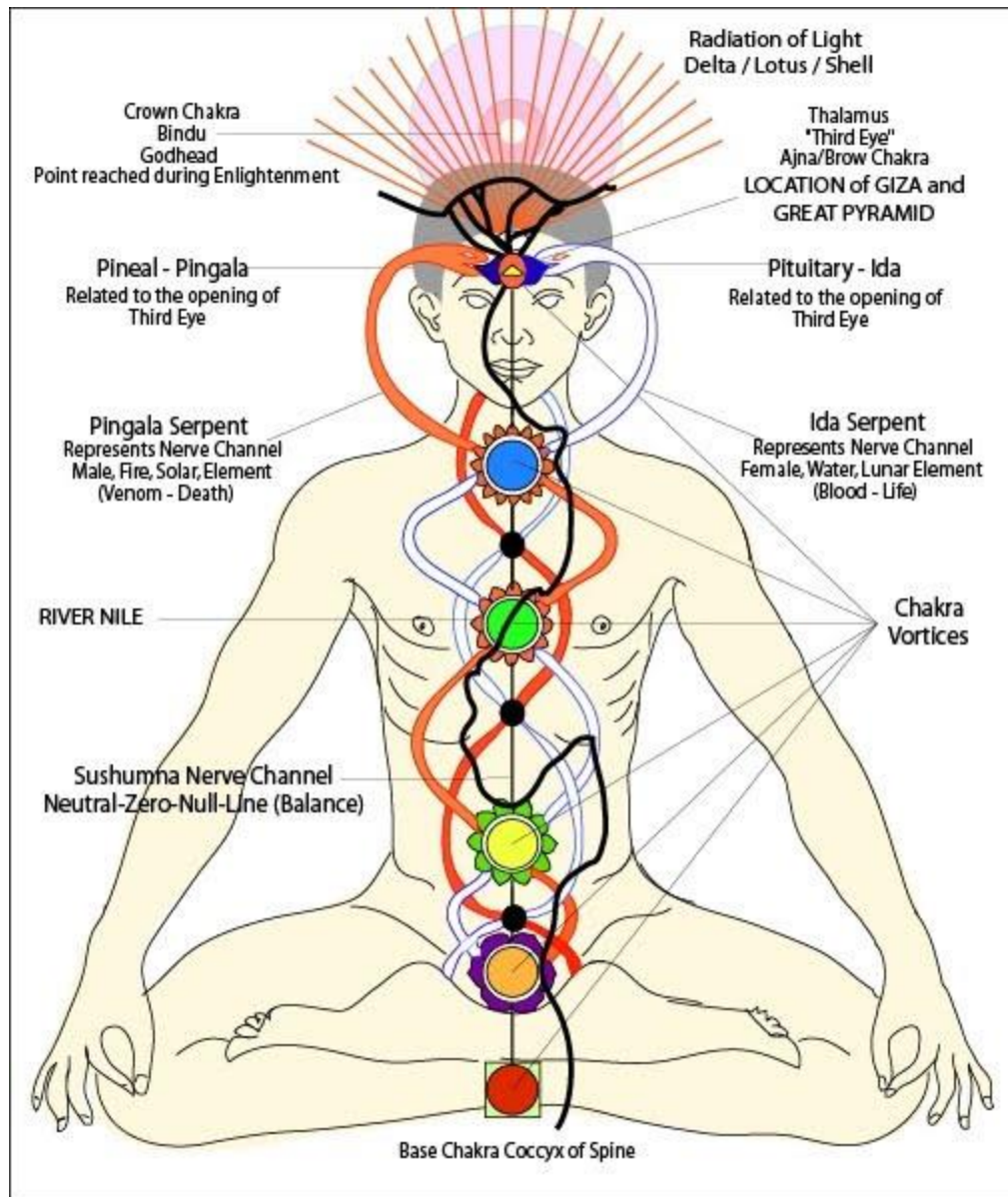




The frontal cortex of the skull (corresponding to frontal sinus) is located behind the eyes and just above the nose where jewels are placed on the foreheads of Buddhas.

From this point, the serpent arose from the crowns of ancient Egyptians.

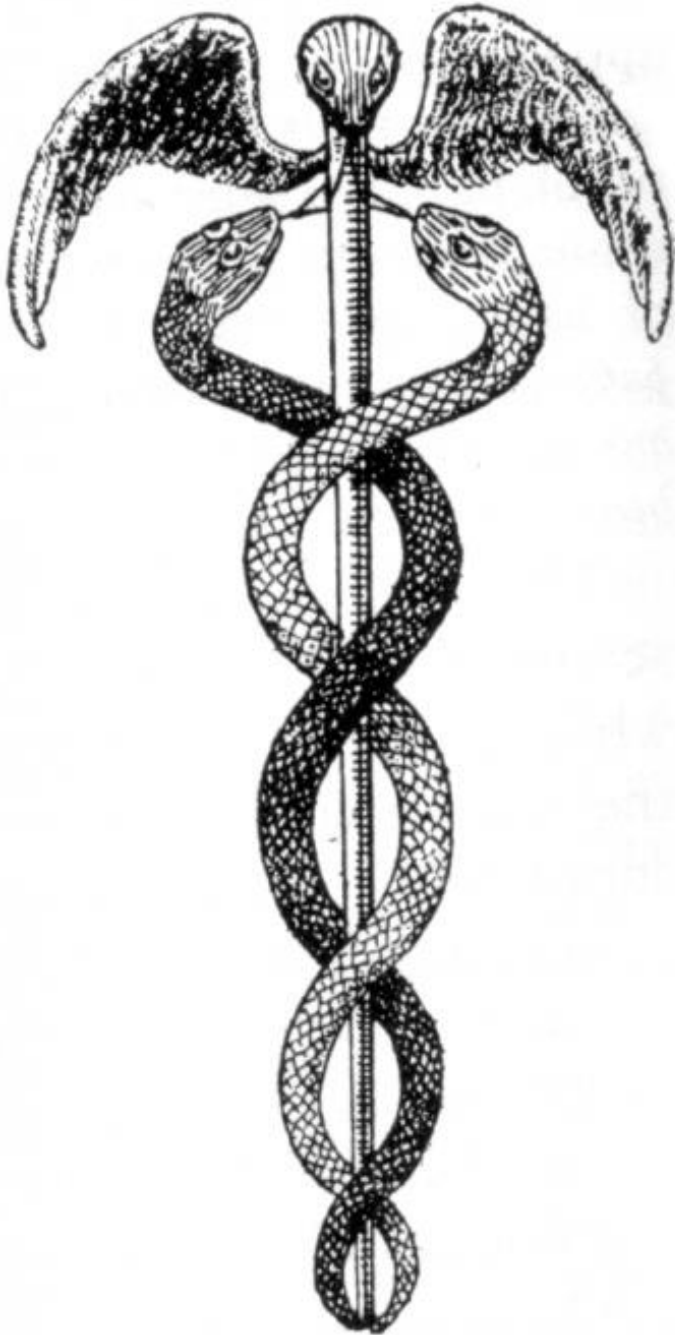
Cobra – a symbol of royalty



The spinal column behaves as an axis for the human body, conducting electromagnetic energies between heaven and Earth.

The cerebral spinal fluid is analogous to a river that carries nourishment to the neural structures and tissues.

In the Hindu religion three canals in the spinal system are known as the ida, pingala, and sushumna; they connect lower generative centers with the brain.



The Greeks used the caduceus and winged staff of Hermes, which consisted of a long rod (central sushumna) and ended in a knob or ball (analogous to the pons of the medulla oblongata of the brain).

On each side of the knob are wings that represent the two lobes of the cerebrum. In this representation, along the staff and twisted around it, are two serpents, one black, the other white, representing the feminine and masculine energies.

The caduceus may symbolize the integration of the four classical elements in alchemy, the wand corresponding to Earth, the wings to Air, the serpents to Fire and Water.



A major medical complaint in our culture is lower back pain.

When viewed energetically as the cosmic flow in our bodies, our earthly and heavenly energy is stuck or unaware.

Asleep to the divine flow, there's no movement and so we cannot root ourselves into the Earth or hear the heavenly music.

Until the energy is awakened, we remain stuck in PAIN and UNAWARE. We are heavy and lost our lightness.

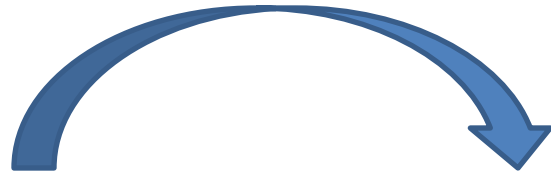


When Kundalini does awaken, it's usually a blissfully high and fully alive experience because we're remembering our divine and primordial roots.

Opening Kundalini = awakening the cosmic consciousness (reminder of who we are)

Represented as two snakes arising, spiraling, intertwining around the spine = caduceus = harmony of Yin and Yang energies

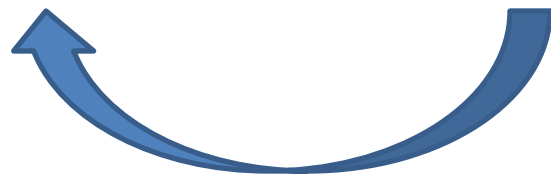
Serpent lives in our body, brings rhythm and motion of the planets and the stars – the energy of the cosmos – to the Earth and keeps us connected to the cosmos.



The laws that apply to the Universe also apply to us.

If something affects the body, it can be traced back to the Universe (source). To heal, we need to look to the flow and vibration of the Universe.

Universe is in constant motion. Illness in the body traces back to lack of flow and movement, or blockage in energetic pathways.





Treat with vibration to
facilitate movement and
open the sacred energy
of the Orbit

– realign to the Universe,
reunite primordial cosmic
consciousness.

Range of Frequencies

Lower range – deeply root to heavenly essence while on Earth, to love Earth.

Understand depths of intergenerational patterns, access deeply buried issues, release or understand them.

OM – align to balancing, centering, grounding energies of Earth frequencies

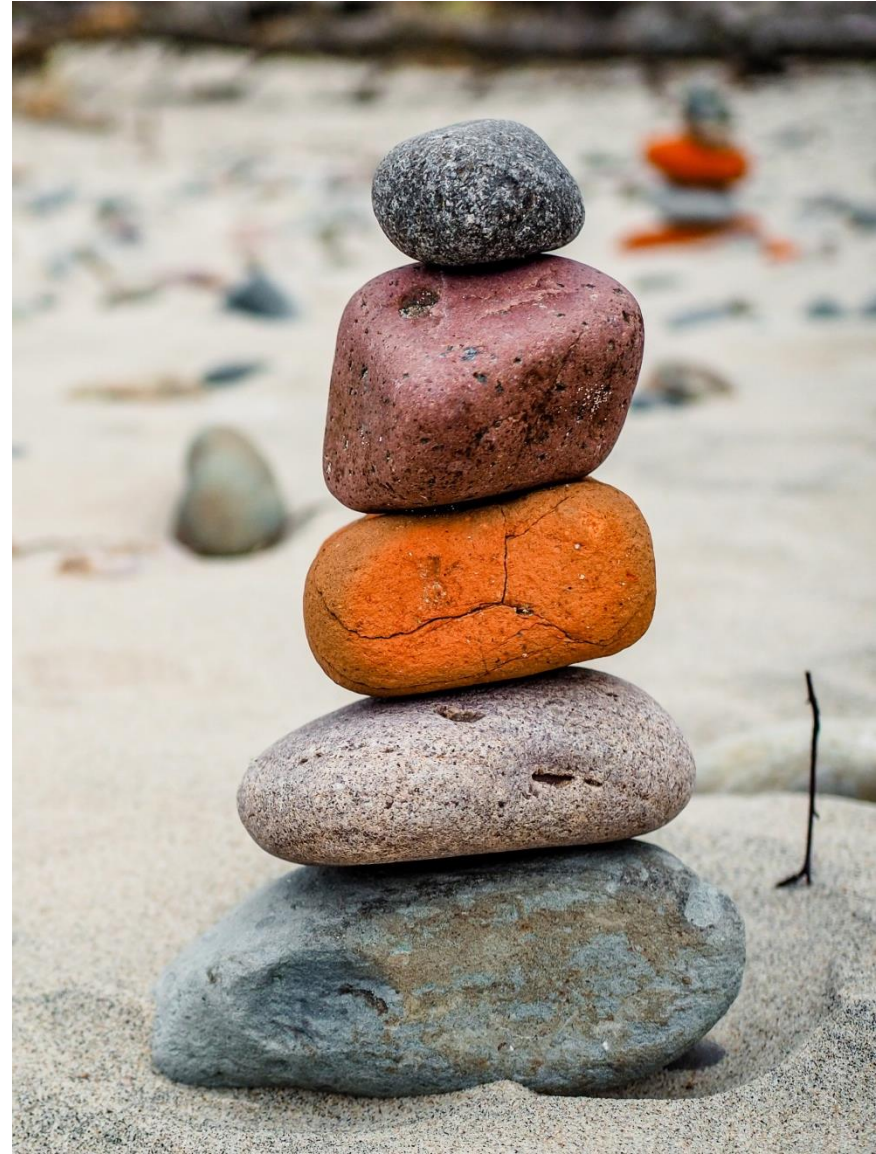
Shamanic viewpoint – enable connections through resonance



Range of Frequencies

Middle range – ground in the present, facilitate acceptance, thrive on Earth, find balance.

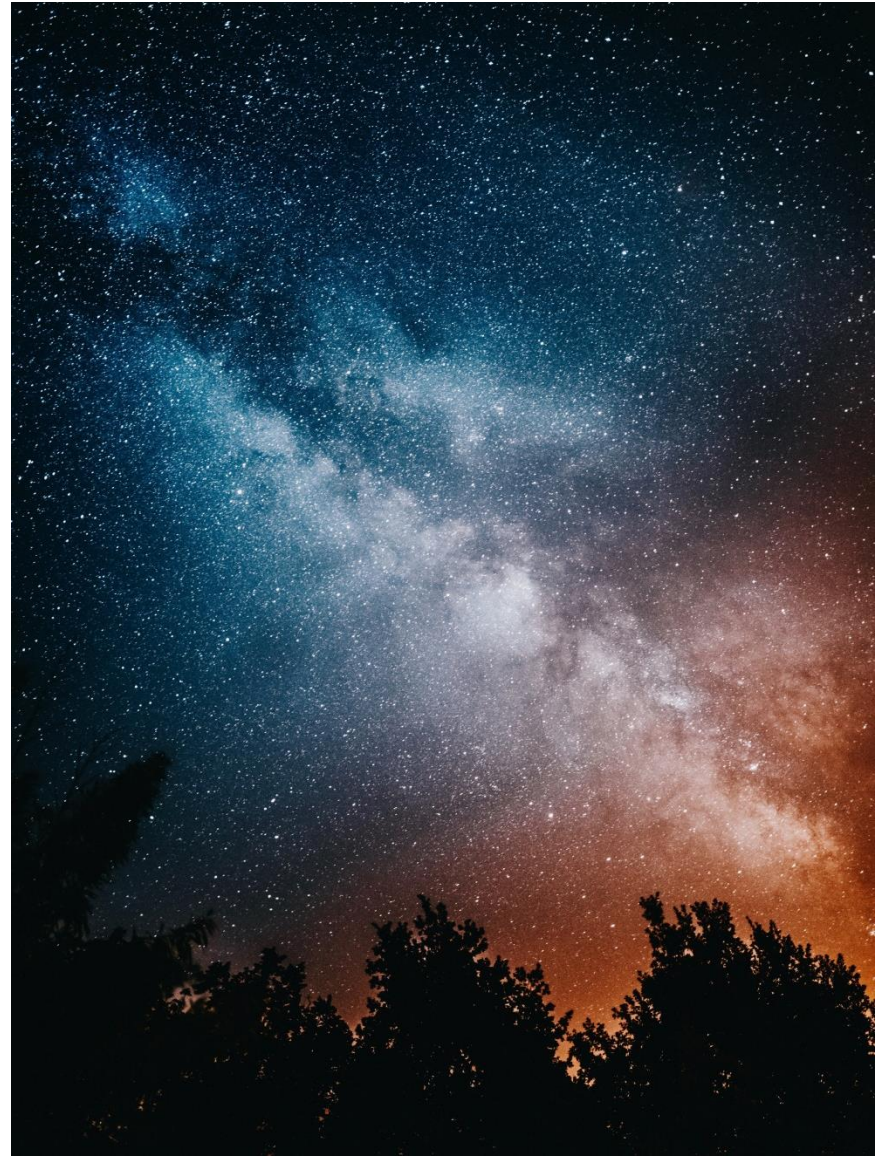
Humans/animals represent middle world (midrange tones).



Range of Frequencies

Higher range – work with etheric body to balance and nourish the spiritual body.

Heavens represent upper world (higher tones).



How to Use These Frequencies

- Weighted planetary tuners (lower tones) feel grounding in the physical body
- Intervals between unweighted tuners create lower ranges and spins (vortexes) by tapping two energy tuners together
- Double (unison) create amplification by using two forks of the same frequency together
- Energy tuners in the higher vibrations for clearing, opening, and uplifting

How to Use These Frequencies

Intervals create lower ranges and spins (vortexes) by tapping two energy tuners together.

These two forks are close in range (similar length) so they create a very low frequency interval.

They're custom forks from my Wounded Healer Protocol to heal karmic wounds and soul signatures.



How to Use Lower Frequencies

Planetary weighted tuning forks are also lower vibrational frequencies.

These three forks are close in range (similar length) so they also create very low frequency intervals.

Double (unison) create amplification by using two forks of the same frequency together

Shown here are Moon, OM, and Sun.



Choosing Body Tuners

Create the tones you want
through dynamic tuning
(double OM, for example), and
intervals

Intervals

OM + Sun = 9.88

OM + Moon = 74.32

Sun + Moon = 84.2

Double OM = amplified

Double Sun = amplified

Double Moon = amplified



Integrative Healing Frequencies

Materials

- Planetary Body Tuners – OM, Sun, Moon
- PLUS Relief Pain Relieving Gel with **homeopathic cobra venom**
Gel, Roll-on, Oral Spray
- Energy Tuners, Magic and Miracles Set
- Crystals and plant essences



Personal Tuners for Healing

Magic & Miracles Set



PALO SANTO EO

AMETHYST POINT



**SHUNGITE
METATRON
MEDALLION**

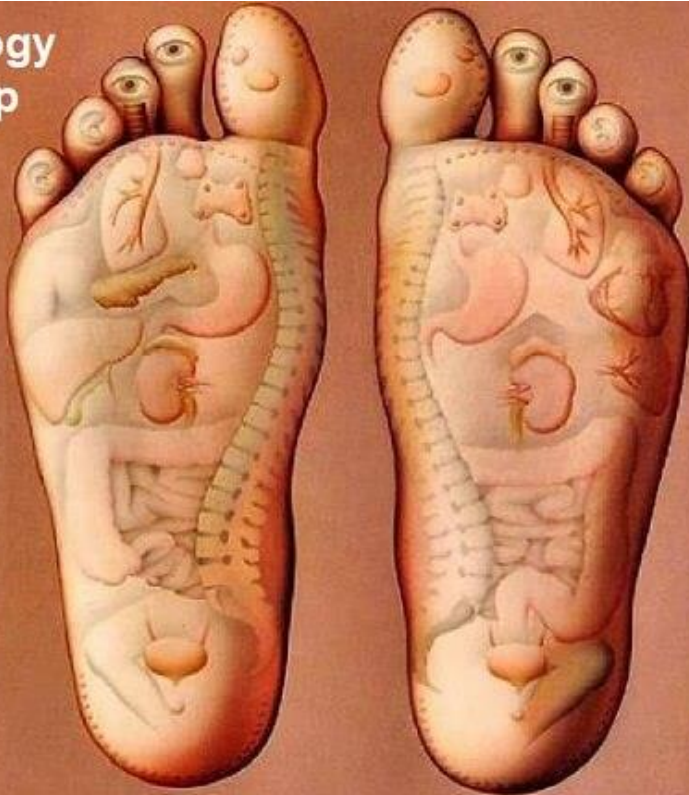
ANGEL TUNERS

OM TUNER

ENERGY TUNERS

The Spine and Feet

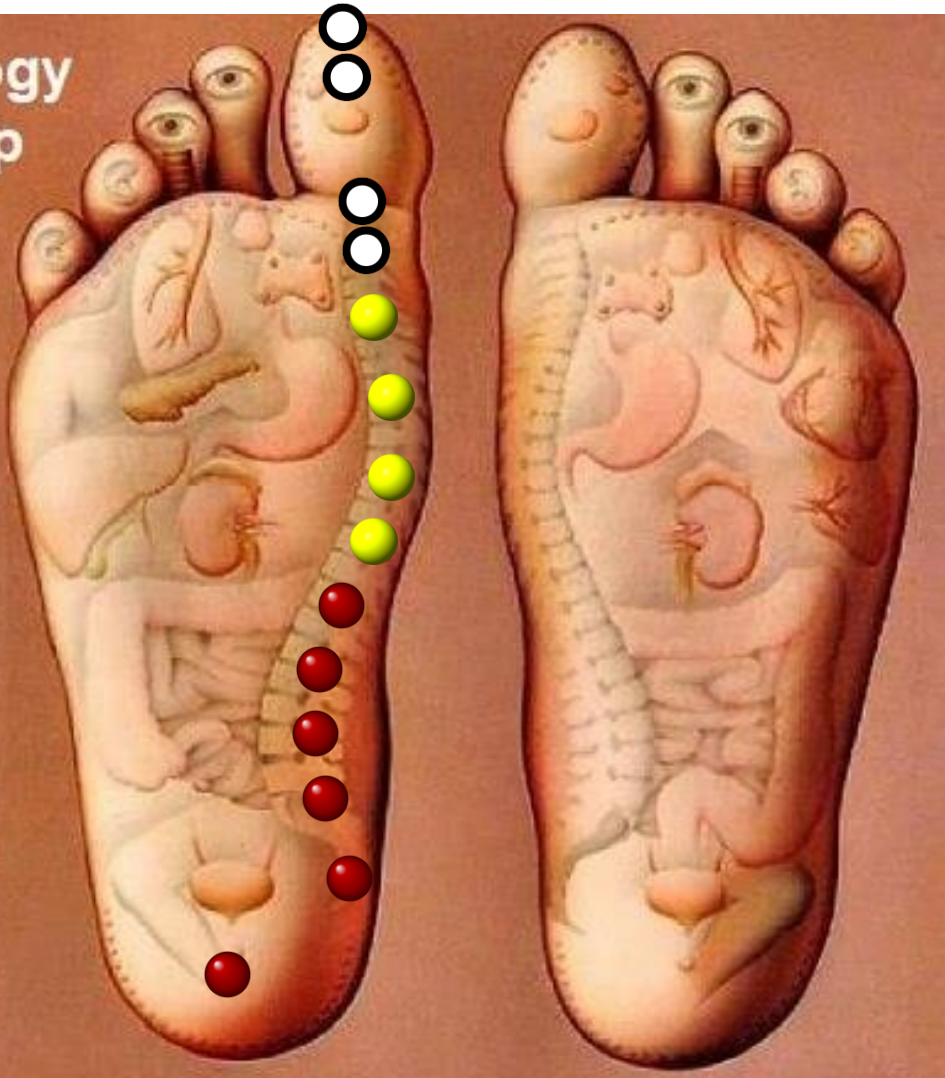
Reflexology
Foot Map



**Curves of the spine mirror
the curves of the foot**

Reflexology

Reflexology
Foot Map



Moon = 210.42

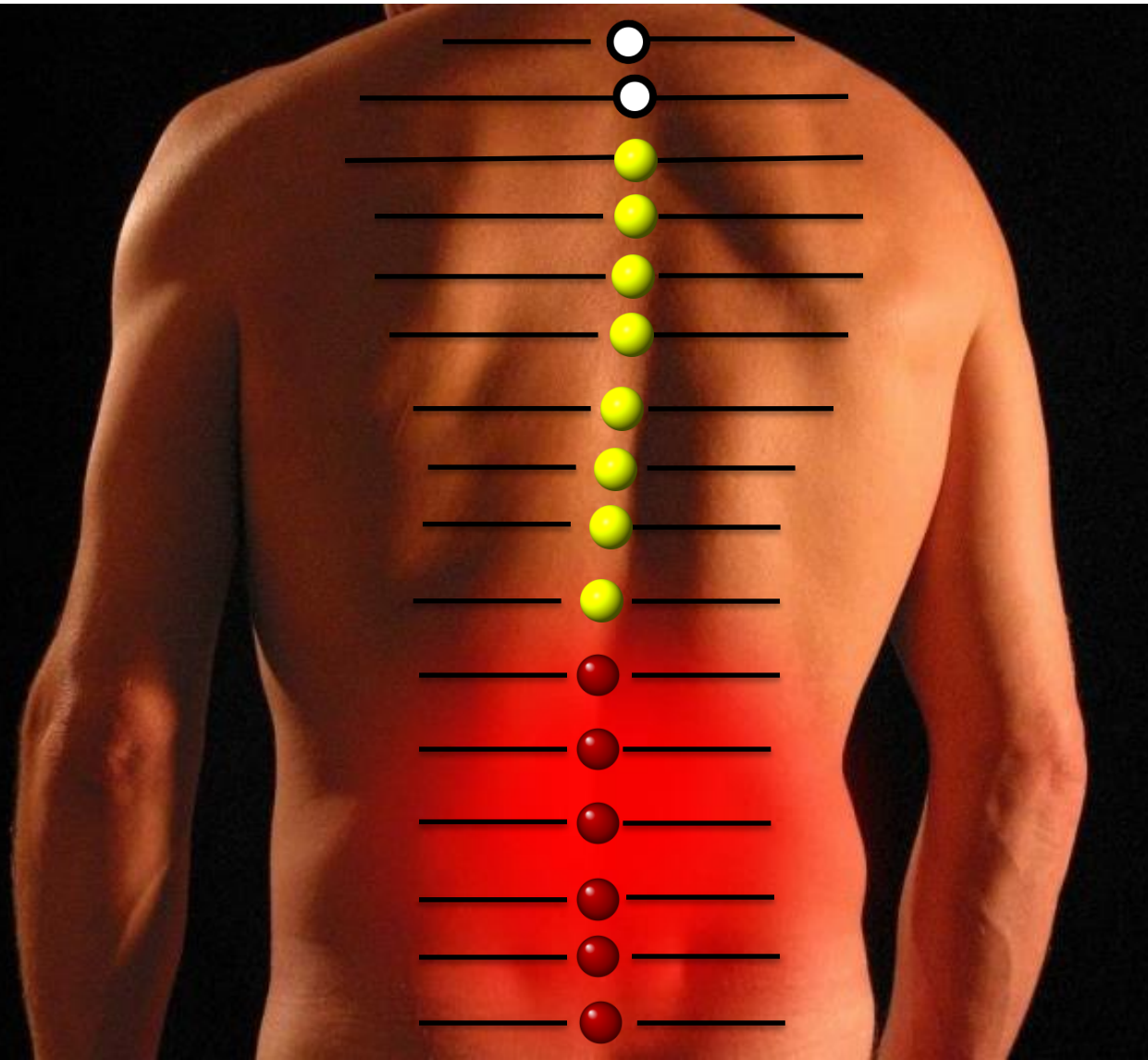


Sun = 126.22



Om = 136.1

Spinal Application of Body Tuners



Moon = 210.42



Sun = 126.22



Om = 136.1

Tuning Forks

Used For:

- Back pain
- Muscle strain
- Tension and stress
- Chronic and acute issues
- Especially when caused by accidents (falls, slips, bumps, rear-end collisions)
- Realignment (physical and Divine)
- Activate Elements & Cosmic energy flow
- Stuck or blocked energy

Benefits:

- Pain relief
- Reduced Inflammation and muscle tension
- Almost immediate relief
- Non-toxic
- Non-addictive
- Long-lasting
- Cumulative effect
- Awakening kundalini
- Feeling balanced, relaxed
- Nourish Body, Mind, Emotions, Spirit
- Support and awaken microcosmic flow of energy

Begin and End

- Angel tuners (higher frequencies) at points, or sweep to clear and uplift
- Opposing body tuners, for example, Sun & Moon
 - At forehead and occiput
 - At sternum and back at heart center
- Gratitude

THE ENDOCRINE SYSTEM

HYPOTHALAMUS

Regulates hunger, thirst, sleep and wakefulness plus most of your involuntary mechanisms including body temperature.

PITUITARY GLAND

Controls all other endocrine glands; influences growth, metabolism and regeneration.

THYROID GLANDS

Regulates your energy and your metabolism.

PARATHYROID

Secretes the hormones necessary for calcium absorption.

PANCREAS

Aids in the digestion of protein, fats and carbohydrates. Produces insulin which controls blood sugar levels.

THYMUS

Helps build resistance to disease.

ADRENAL GLANDS

Secretes hundreds of compounds including cortisone & adrenaline which helps you react to emergencies.

OVARIES

Influences how your blood circulates and determines your mental vigor and your sex drive. (Testes in males.)

Regulates your metabolic processes in the cells, water balance, blood pressure, etc.

Moss Greene

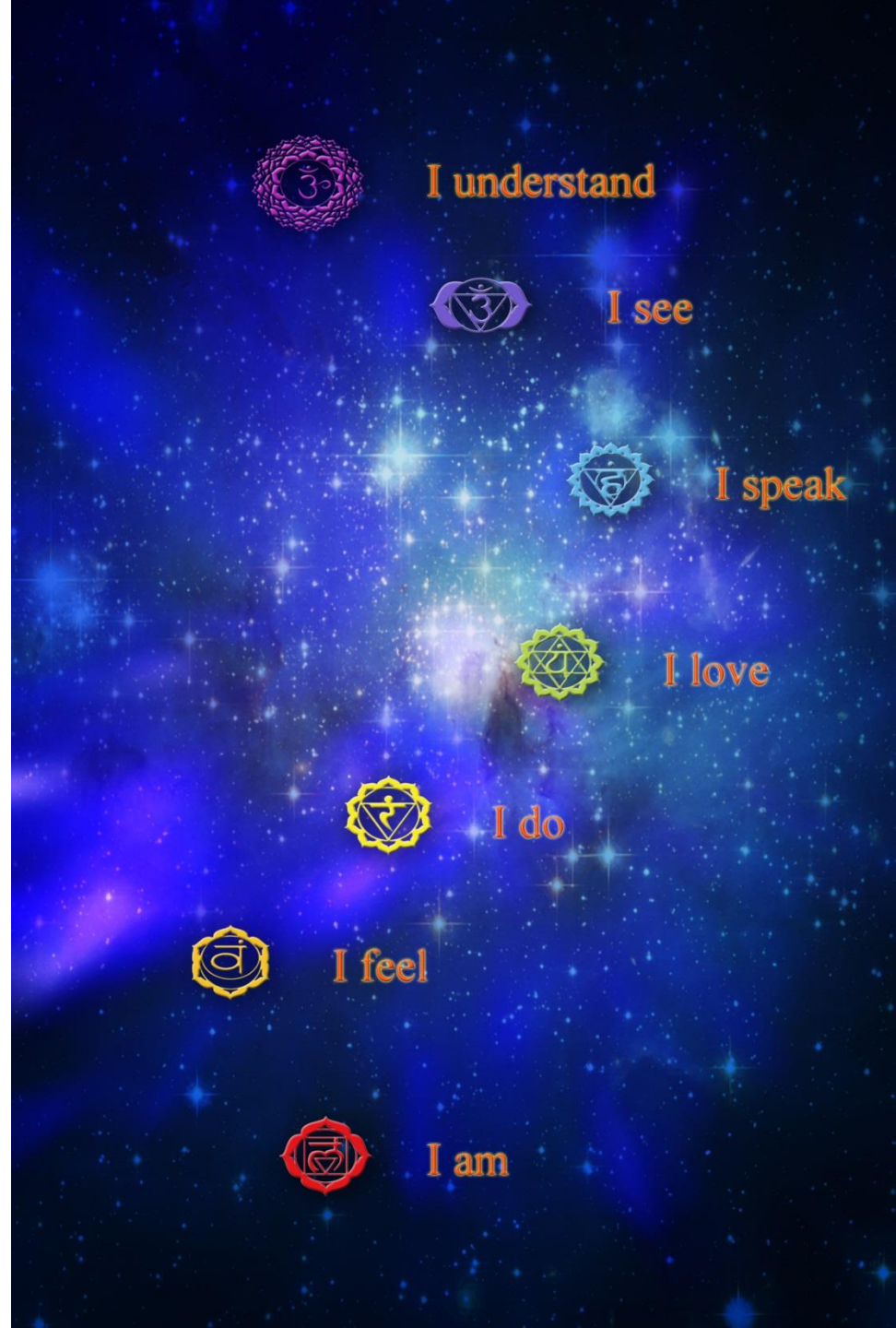
METABOLISM - The conversion of nutrients into energy and building materials to meet your body's needs.



The entire hormonal-glandular system holds tremendous power over biological processes, and the connection between the pineal gland and pituitary gland clearly supports clinical research on the role of neuromelanin to access subtle energy and light.

Self-Assessment Exercise

Alignment to Affirmations



I understand



I see



I speak



I love




I do



I feel



I am



Relieve Stress,
Clear, Ground, and Balance
Your Energy.

Call in Your Angels.
Open New Magical Portals.

Access the Divine.
Invite Miracles to Heal.
Protect and Empower.
Heal and Activate Your
Intuitive Abilities.



Second Nature Healing[®]

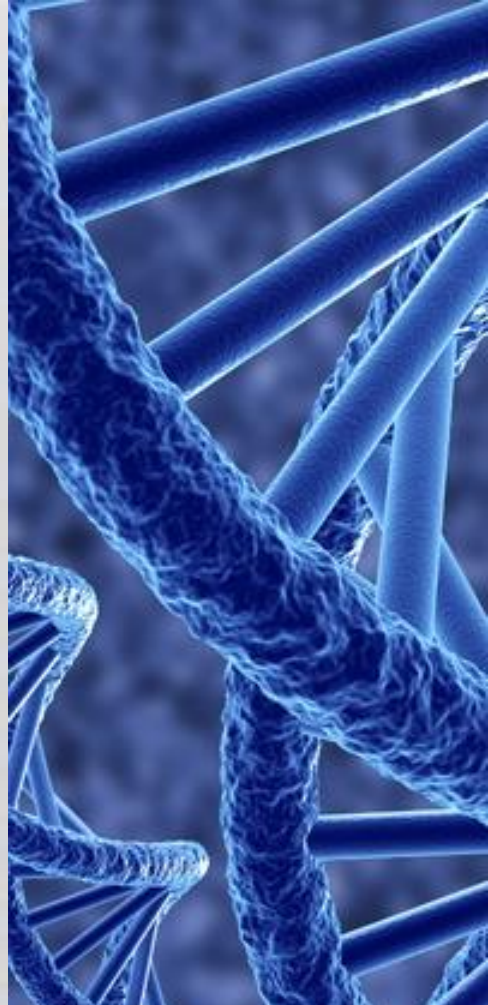
Contact Rosemary Levesque
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To order tuning forks
<https://secondnaturehealing.com/tuning-forks/>

To order PLUS Relief
Homeopathic Cobra Venom
<https://Avinihealth.com/rosemary>





References:

There's No Place Like Ohm – Sound Healing, Oriental Medicine, and the Cosmic Mysteries by Donna Carey

Planetary Signatures in Medicine – Restoring the Cosmic Foundations of Healing by Jennifer T. Gehl