



Module 3

Transformation

Turn Obstacles into Opportunities

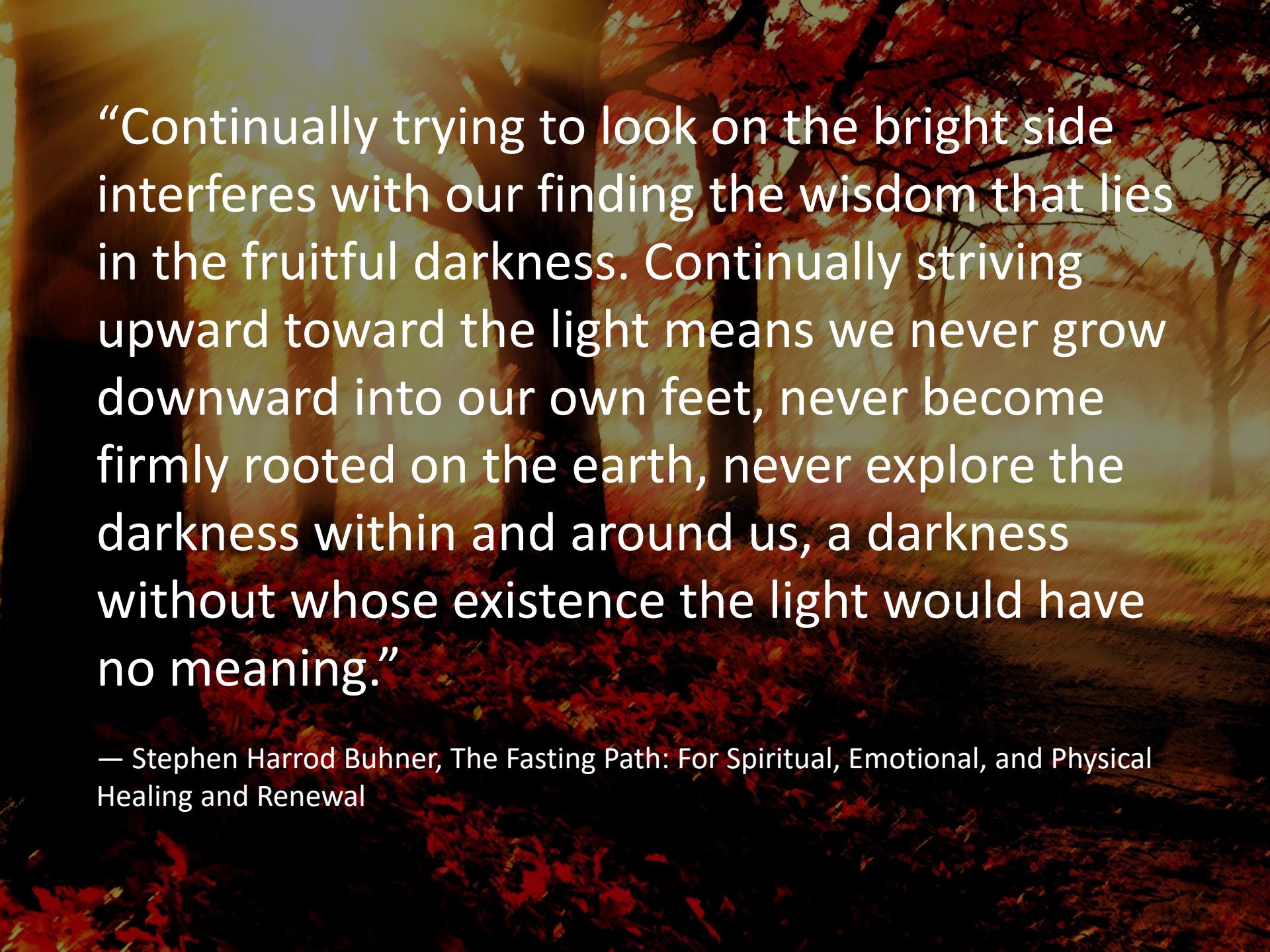
Wholeness



Kirlian image of
the phantom leaf
effect, taken in
São Paulo, Brazil

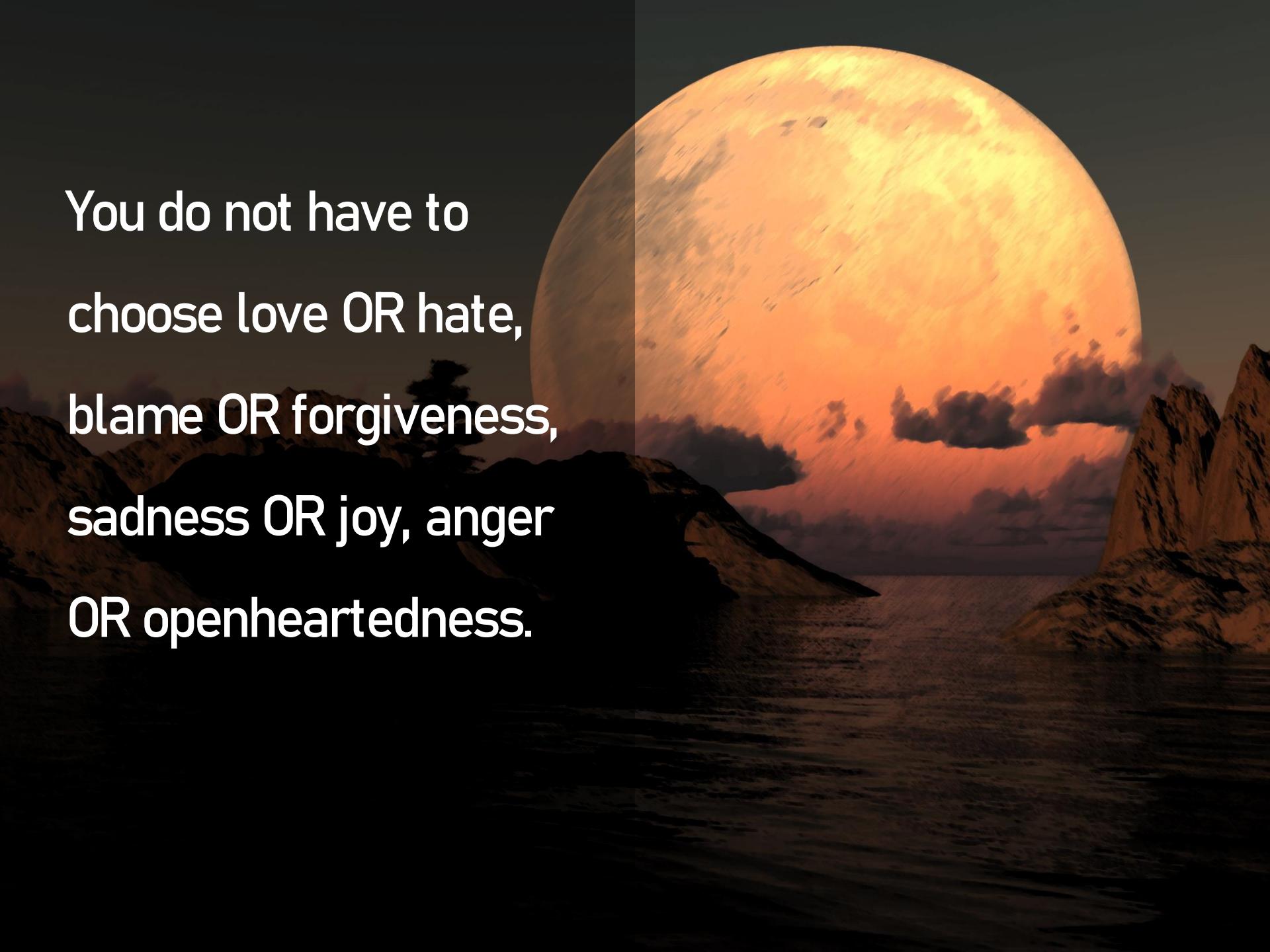
in 1973 by H.G.
Andrade,
director of research at
the Brazilian Institute of
Psychobiophysical
Investigation.



A photograph of a forest floor covered in fallen autumn leaves, with trees in the background.

“Continually trying to look on the bright side interferes with our finding the wisdom that lies in the fruitful darkness. Continually striving upward toward the light means we never grow downward into our own feet, never become firmly rooted on the earth, never explore the darkness within and around us, a darkness without whose existence the light would have no meaning.”

— Stephen Harrod Buhner, *The Fasting Path: For Spiritual, Emotional, and Physical Healing and Renewal*

A large, bright orange and yellow sun or moon rises over a dark, silhouetted landscape. The sky is filled with wispy, orange-tinted clouds. In the foreground, dark, jagged mountain peaks are silhouetted against the bright sky. The overall atmosphere is serene and contemplative.

You do not have to
choose love OR hate,
blame OR forgiveness,
sadness OR joy, anger
OR openheartedness.

Authentic Self



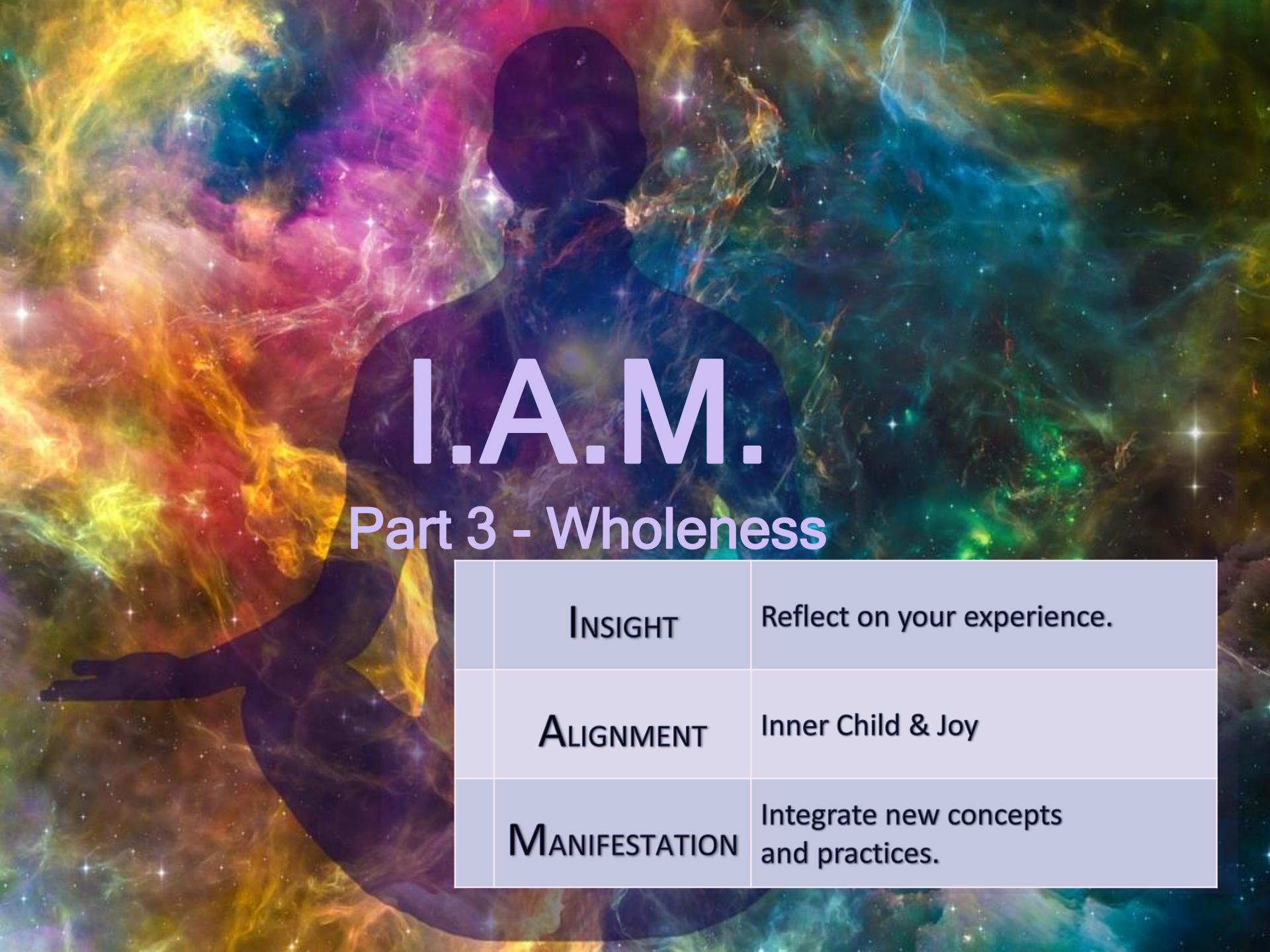
Step One – Watch Video Kirlian Photography



Step Two – Download Wholeness Exercises

Step Three – Meditation

1. The Gift
2. Sound Video



I.A.M.

Part 3 - Wholeness

INSIGHT	Reflect on your experience.
ALIGNMENT	Inner Child & Joy
MANIFESTATION	Integrate new concepts and practices.

Deeper Work

- Align with gratitude
- Listen
- Explore
- One-on-one

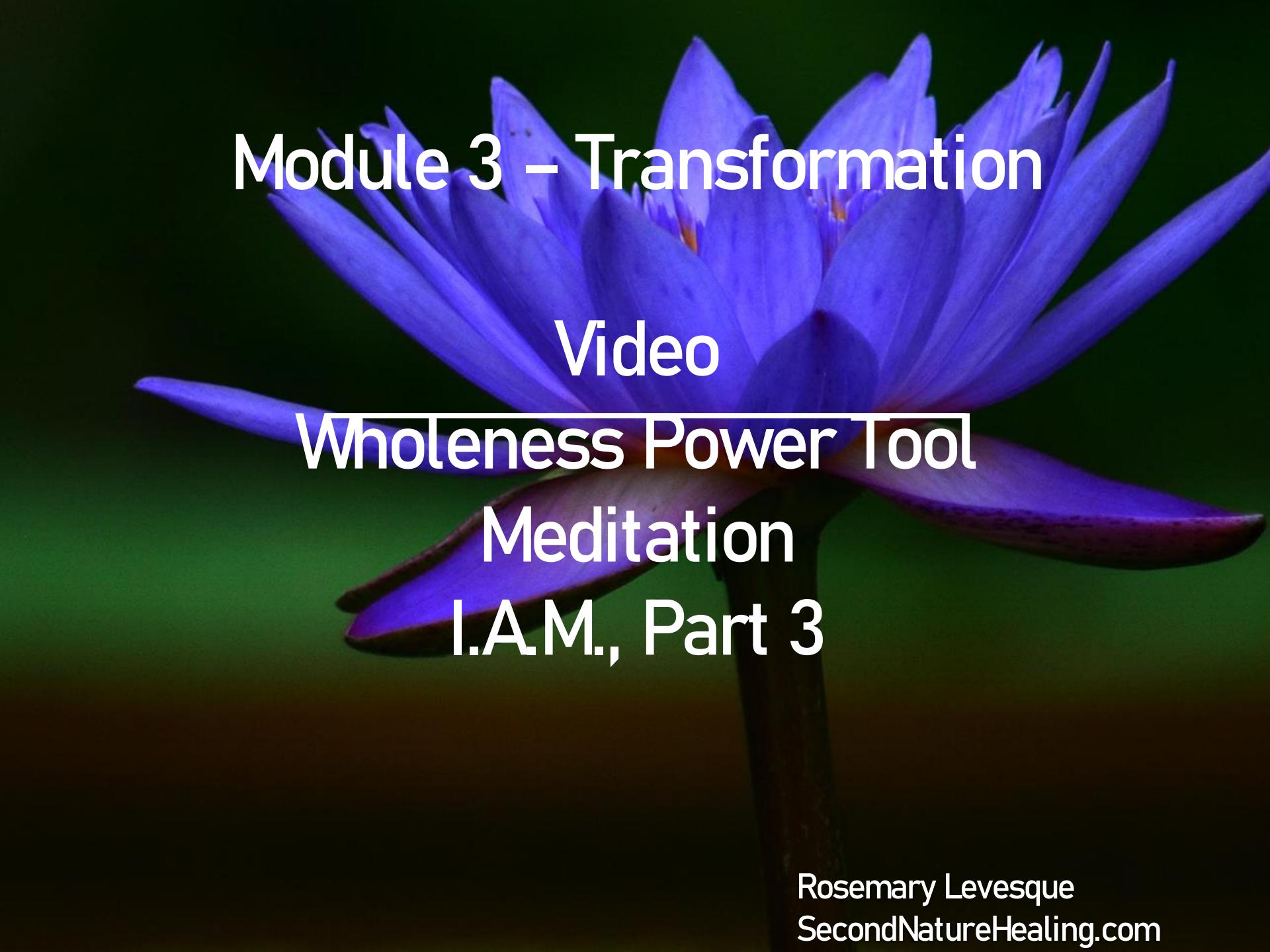




“Why am I here?”

Power Tool
Inspiration Tool
Manifestation Tool

Rosemary Levesque
SecondNatureHealing.com



Module 3 – Transformation

Video

Wholeness Power Tool

Meditation

I.A.M., Part 3

Rosemary Levesque
SecondNatureHealing.com



You're doing great. Keep going!

Rosemary