

A collage of natural elements including feathers, crystals, and a woven basket. The background is a mix of textures and colors, with a prominent feather in the upper left and a woven basket in the lower right.

Embodied Spirit™

Your Course to Answers;

“Who am I?”

“Why am I here?”

What’s my Soul’s Purpose?”

How do I manifest everything I want?

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Embodied Spirit™

MODULE 1: INSPIRATION

KNOW WHERE YOU'RE GOING BEFORE YOU START.

At the end of this module you'll be clear on your destination and who's traveling with you to support you on your journey.

What You'll Discover:

- Your innate abilities and how to get them to shine.
- Basic skills to prepare for a successful journey.

What You'll Receive:

- Power Tool: Auto-assist practices and techniques. Learn how to access and utilize the fundamentals of having a successful journey – anytime, anywhere.
- Inspiration Tool: Meditation – Embodied Light; Who You REALLY Are.
- Manifestation Tool: I.A.M. Worksheet

MODULE 2: TRUTH

CONNECT EVERYTHING TO REVEAL YOUR TRUTH.

Your life's journey so far is filled with richness and pain, achievements and traumas. Learn what most people never get – EVERYTHING MATTERS. What you do with it also matters.

What You'll Discover:

The emotions you have around life events manifest themselves in physical form. Learn to identify WHY you are where you are today. Uncover hidden truths, fears and doubts and see them for what they really are.

What You'll Receive:

- Power Tool: Life Event Chart – WHY everything matters and how to USE it.
- Inspiration Tool: Meditation – Into Darkness; Overcoming Fear and Doubt
- Manifestation Tool: I.A.M. Worksheet Part 2

MODULE 3: TRANSFORMATION

TURN OBSTACLES ON YOUR JOURNEY INTO OPPORTUNITIES - EFFORTLESSLY

You're worthy of everything life has to offer. You're a WHOLE BEING. Learn how to transform your energy to help you manifest your wholeness.

What You'll Discover:

- You ARE worthy of love, abundance, prosperity, wisdom, and everything your soul wants you to be.
- How to activate your inner child and feel ORIGINAL JOY.

What You'll Receive:

Power Tool:

- Wholeness Activity – Overcome fragments and compartmentalizing to manifest your greatest self.
- Gratitude for the Soul Activity – Shift from Pain to Power

Inspiration Tool: Meditation – The Gift; Worthiness & Acceptance

Manifestation Tool: I.A.M. Worksheet Part 3

MODULE 4: CREATION

REIMAGINE YOUR JOURNEY AND CREATE NEW POSSIBILITIES

Not everyone is willing to do the deep work to create something new. Are you?

What You'll Discover:

- An interactive system to help Change Your Mind
- Access the power of going from IDEA to MANIFESTATION

What You'll Receive:

- Power Tool: Motivation for the Soul – The brilliant way to illuminating your Soul's Purpose
- Inspiration Tool: Meditation – The Destination; Truth & Empowerment
- Manifestation Tool: I.A.M. Worksheet Part 4